Il buon uso degli spazi Verdi e Blu per la promozione della Salute e del benessere (VeBS)

REGIONE CALABRIA

Ministero della Salute

Mercoledì 3 luglio 2024
Sala Convegni Villa Paola
Tropea (VV)
Ore 09:00-17:00

Le aree Verdi e Blu tra Ambiente e Salute

Dr. Michelangelo IANNONE

artaabruzzo agenzia regionale per la tutela dell'ambiente

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green space and health

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RESULTS BY YEAR

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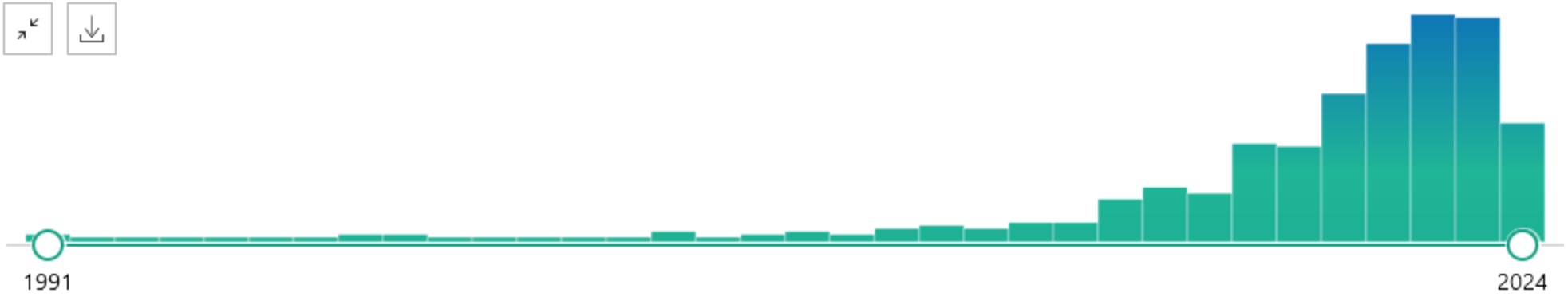

International Journal of
Environmental Research and Public Health

MDPI

Review

Urban Green Space and Its Impact on Human Health

Michelle C. Kondo [1,*], Jaime M. Fluehr [2], Thomas McKeon [2] and Charles C. Branas [3]

5. Conclusions

This review of experimental, quasi-experimental, and longitudinal studies found evidence of a positive association between urban green space and attention, mood, and physical activity, and negative association with mortality, short-term cardiovascular markers (heart rate), and violence. More studies using rigorous study design are needed to enable generalizations, and meta-analyses, of these and other health outcomes. These findings may assist urban managers, organizations, and communities in their efforts to increase new or preserve existing green space.

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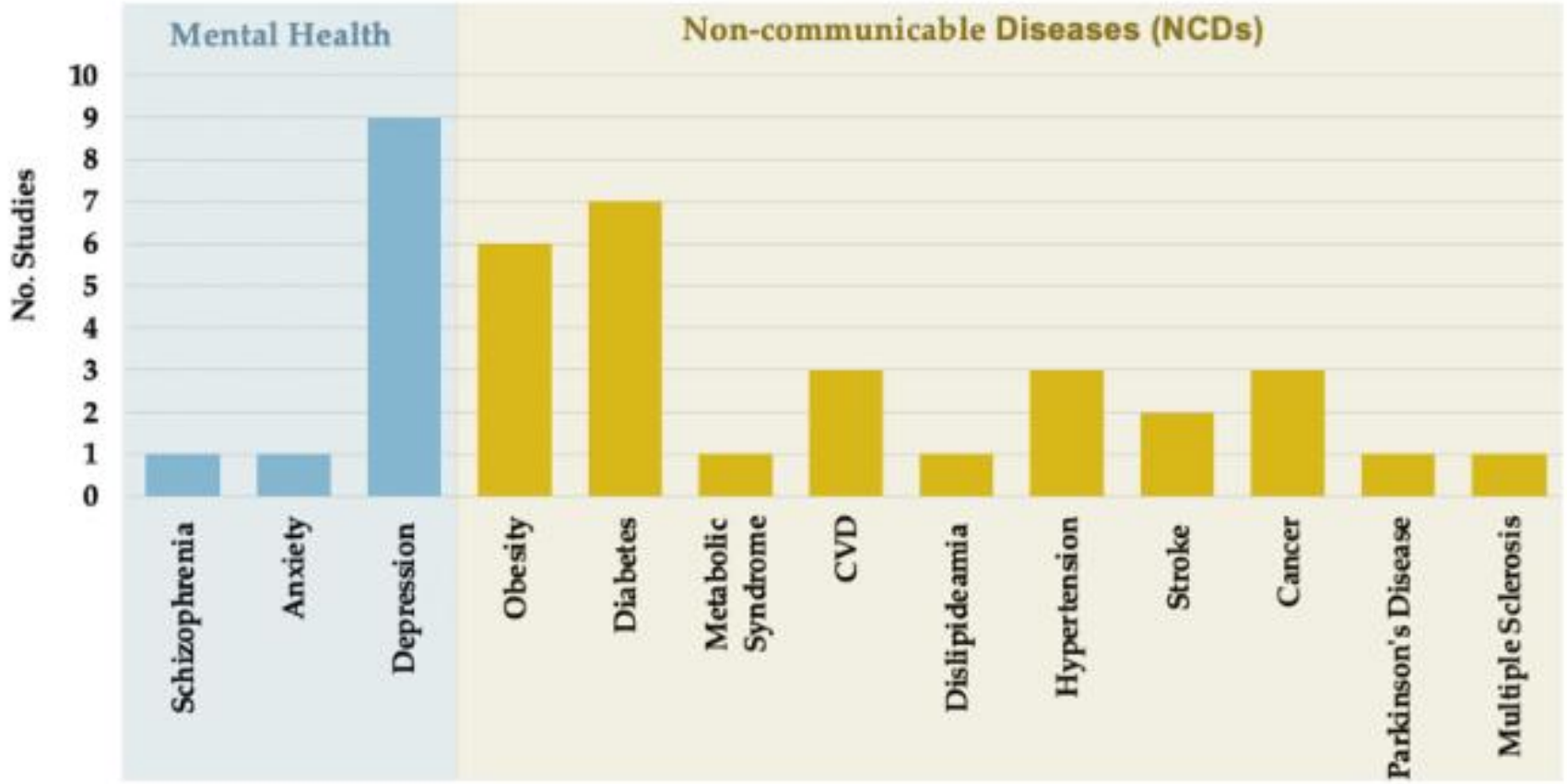
Systematic Review

Relationship between Green and Blue Spaces with Mental and Physical Health: A Systematic Review of Longitudinal Observational Studies

Mariya Geneshka [1,*], Peter Coventry [1,2,*], Joana Cruz [3,4] and Simon Gilbody [1]

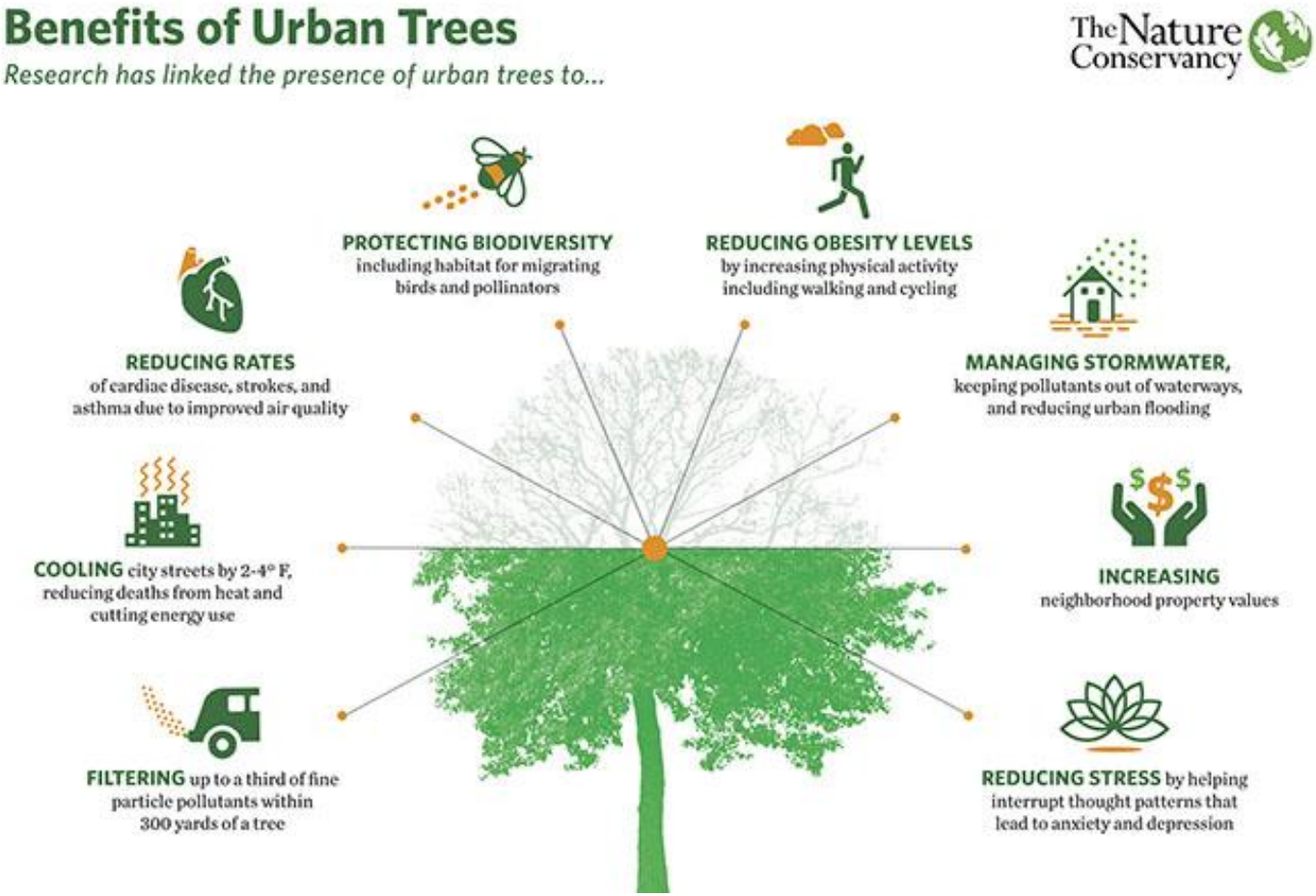


Journal of Public Health | Vol. 33, No. 2, pp. 212–222 | doi:10.1093/pubmed/fdq068 | Advance Access Publication 10 September 2010

The health benefits of urban green spaces: a review of the evidence

A.C.K. Lee, R. Maheswaran

Section of Public Health, School of Health and Related Research, The University of Sheffield, Sheffield S1 4DA, UK
Address correspondence to Andrew Lee, E-mail: andrewlee@shef.ac.uk



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ELSEVIER

Urban Forestry & Urban Greening
Volume 14, Issue 4, 2015, Pages 806-816

Review

Health benefits of green spaces in the living environment: A systematic review of epidemiological studies

Magdalena van den Berg [a], Wanda Wendel-Vos [b], Mireille van Poppel [a c], Han Kemper [a], Willem van Mechelen [a], Jolanda Maas [a d]

Highlights

- This is the first systematic review on health benefits of green spaces.
- Living in greener environments is associated with better mental health and lower all-cause mortality.

Open access Original research

BMJ Open

Outdoor green space exposure and brain health measures related to Alzheimer's disease: a rapid review

Lilah Besser

Advancing urban green and blue space contributions to public health

Ruth Fiona Hunter, Mark Nieuwenhuijsen, Carlo Fabian, Niamh Murphy, Kelly O'Hara, Erja Rappe, James Fleming Sallis, Estelle Victoria Lambert, Olga Lucia Sarmiento Duenas, Takemi Sugiyama, Sonja Kahlmeier

Lancet Public Health 2023; 8: e735–42

ELSEVIER

Urban Forestry & Urban Greening
Volume 85, July 2023, 127969

The relationship between urban green space and social health of individuals: A scoping review

Wenwen Huang [a], Guangsi Lin [a b]

Trauma, Violence, & Abuse
Volume 17, Issue 2, April 2016, Pages 160-171
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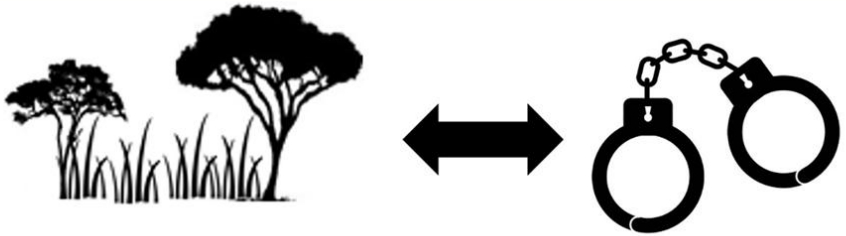
https://biblioproxy.cnr.it:2481/10.1177/1524838015576412

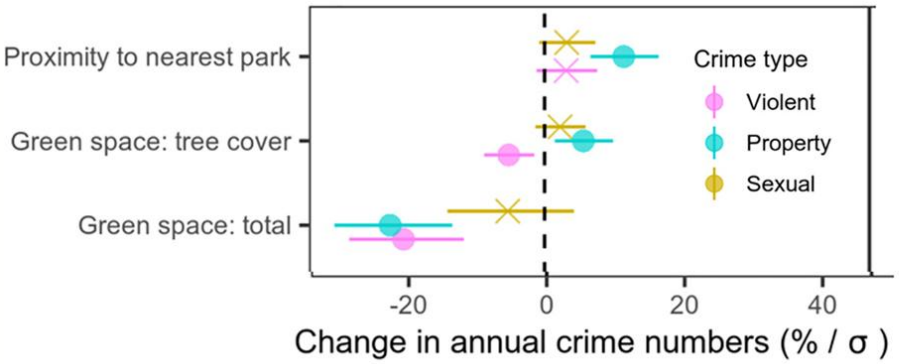
SAGE journals

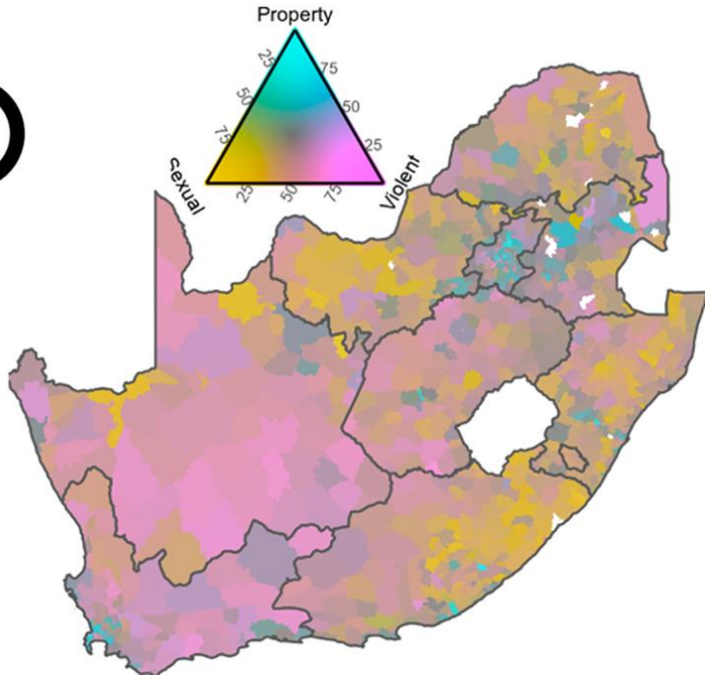
Article

Green Space, Violence, and Crime: A Systematic Review

Sandra Bogar and Kirsten M. Beyer







Contents lists available at ScienceDirect

Sleep Medicine Reviews

journal homepage: www.elsevier.com/locate/smrv

CLINICAL REVIEW

Climate change and sleep: A systematic review of the literature and conceptual framework

Daniel I. Rifkin [a, b, *], Michael W. Long [a], Melissa J. Perry [a]

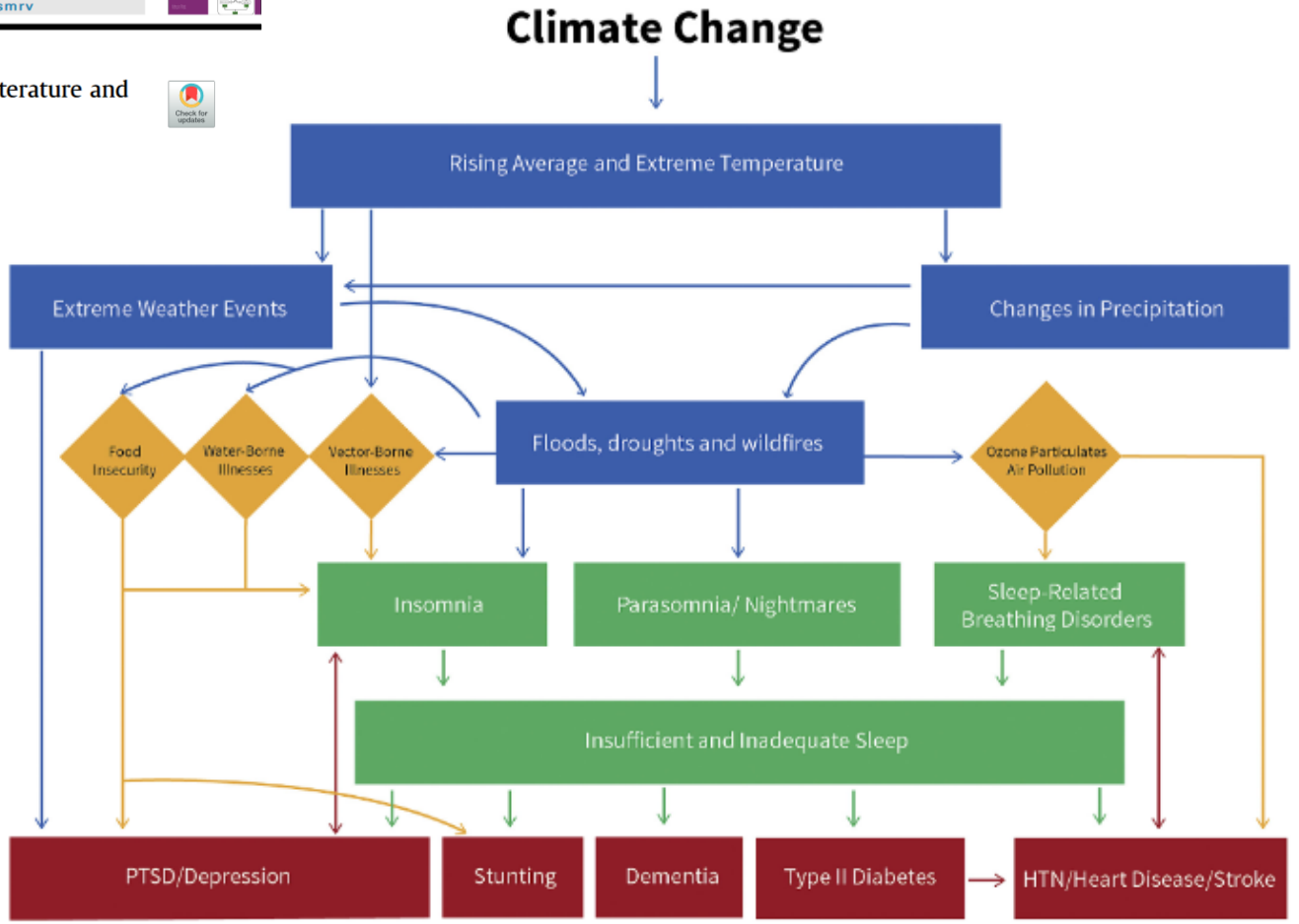


Fig. 2. Consequences of climate change on human health via sleep disruption-a systems framework.

International Journal of
Environmental Research and Public Health

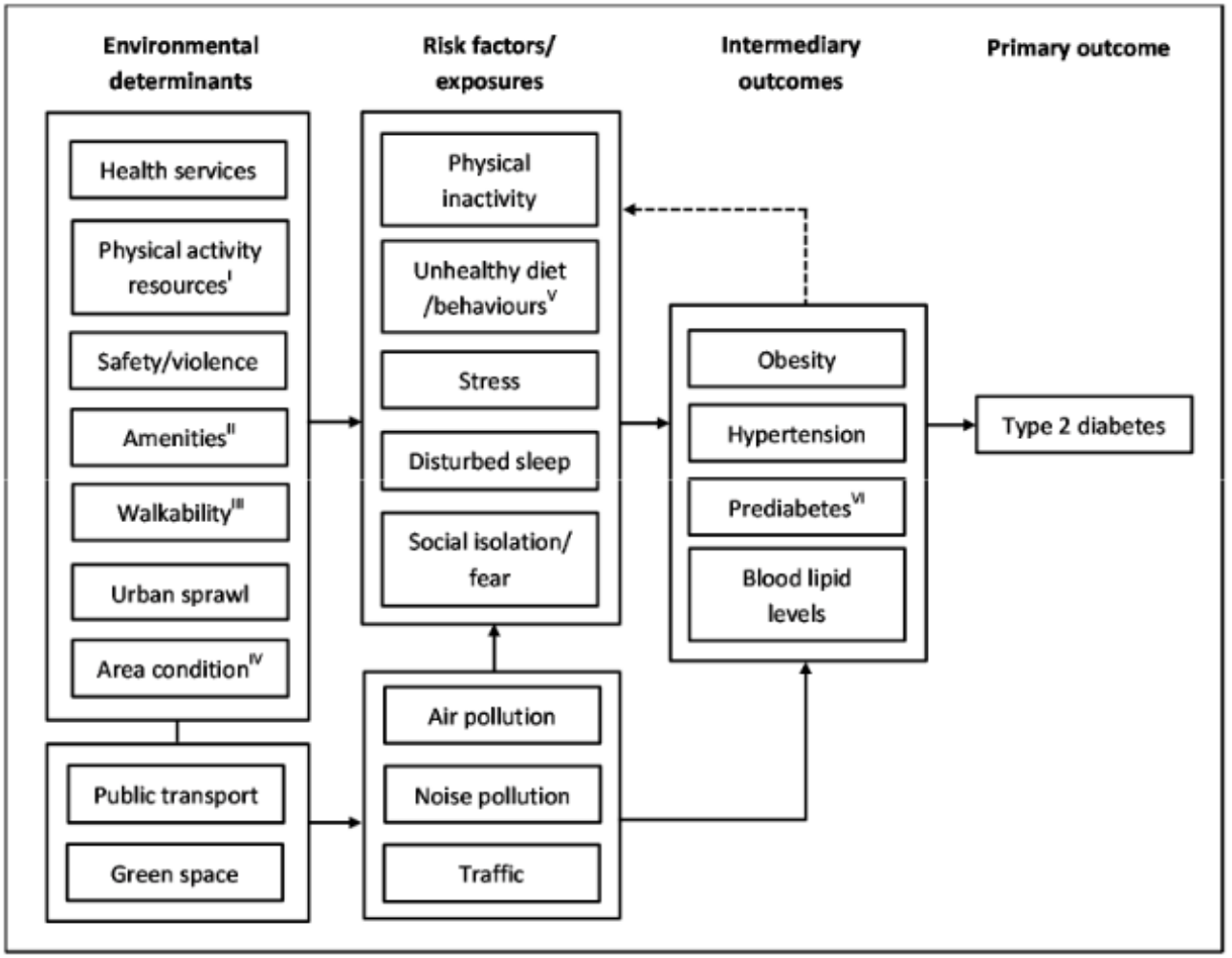
MDPI er la promozione della Salute e del benessere

Ministero della Salute

Review

Environmental Risk Factors for Developing Type 2 Diabetes Mellitus: A Systematic Review

Tashi Dendup [1,*], Xiaoqi Feng [1,2], Stephanie Clingan [1] and Thomas Astell-Burt [1,2,*]



REVIEW

Simultaneous exposure to noise and carbon monoxide increases the risk of Alzheimer's disease: a literature review

Fereshteh Bagheri[1], Vahid Rashedi[2,*]
1 Department of Audiology, School of Rehabilitation Sciences, Babol University of Medical Sciences, Mazandaran, Iran
2 School of Behavioral Sciences and Mental Health (Tehran Institute of Psychiatry), Iran University of Medical Sciences, Tehran, Iran

Review > Environ Sci Pollut Res Int. 2020 Oct;27(29):36085-36090.
doi: 10.1007/s11356-020-09826-6. Epub 2020 Jul 5.

Association between noise exposure and diabetes: meta-analysis

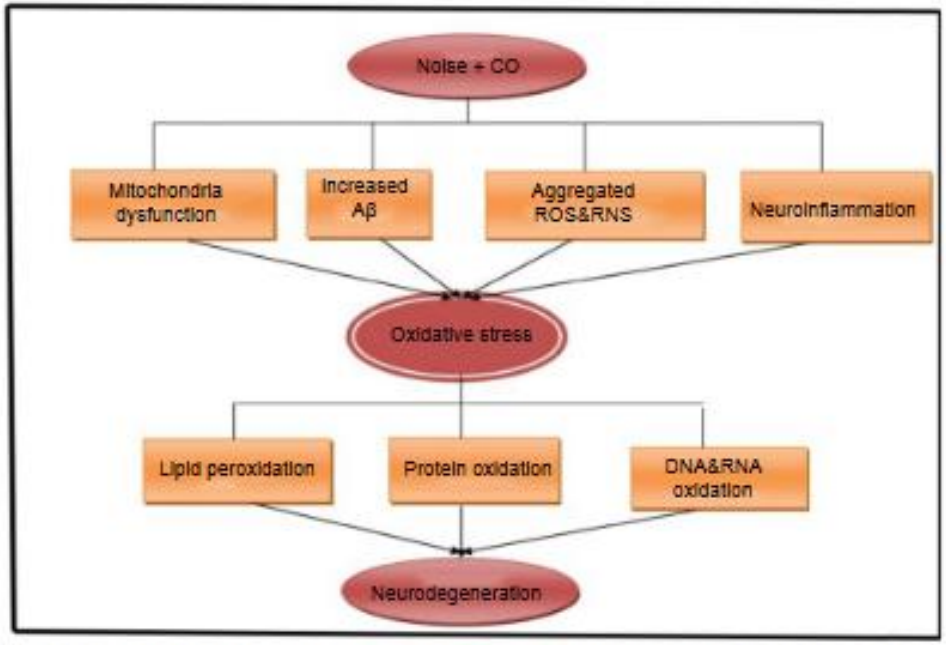


Figure 3: The possible mechanisms of exposed to noise and CO in Alzheimer's disease.
Note: Aβ: Amyloid β-peptide; CO: carbon monoxide; RNS: reactive nitrogen species; ROS: reactive oxygen species.

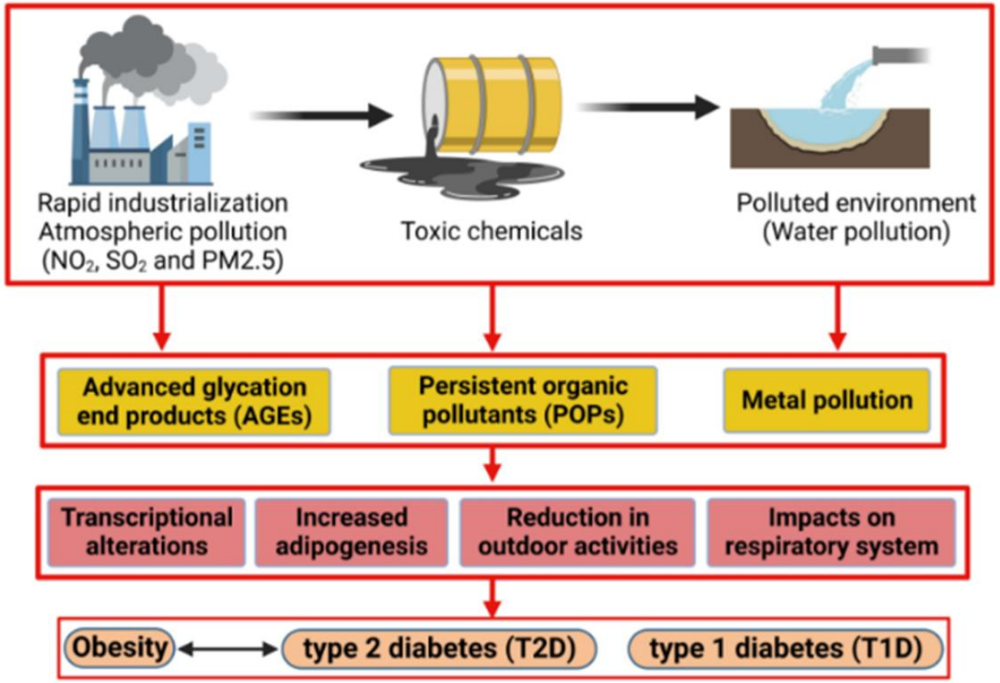
International Journal of Molecular Sciences

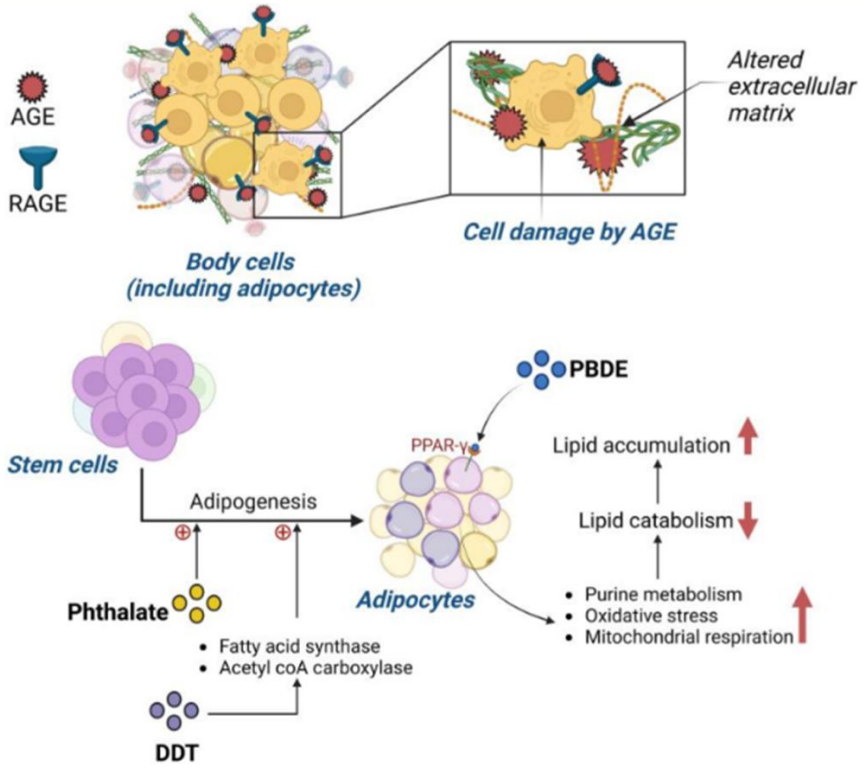
MDPI

Review

Environmental Pollution and the Risk of Developing Metabolic Disorders: Obesity and Diabetes

William Junior Khalil [1,†], Meriem Akeblersane [1,†], Ana Saad Khan [1], Abu Saleh Md Moin [2,‡] and Alexandra E. Butler [2,*,‡]





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